

GAMESP



DAILY ACTIVITIES BOARD

ADVANCED LEVEL



Let's talk with other player about activities in your life.



Do you know on what activities you spend your time every day? Are you spending enough time on each activity? Are you happy with your life?



1. Move your robot to a symbol of a chosen area of activities in life. 2. Second player move the robot to the card that describes the amount of time that every day he/she spends on that activity and then moves the robot to the card that symbolises their attitude to that area of life.



Use the board with daily activities. Cards on this board symbolise different activities in your life -
1. taking care of health
2. helping other people
3. performing domestic duties....

EDUCATORS
& THERAPISTS
& FAMILY GUIDE

UD2

Daily activities

In this unit, you will be able to learn how to create a daily routine that you can follow every day, to talk about your habits connected with domestic duties and to think if you spend enough time on different activities in your life and if you are satisfied with them.

EASY LEVEL you are going to sort activities that you do in the morning in right order

MEDIUM LEVEL you will think about domestic duties and your attitude to this topic

ADVANCED LEVEL you will analyse how much time you spend on different activities and if you want to make changes in your life connected to your daily routine



GAMESP

ONLINE PLATFORM
TO INTERACT WITH PHYSICAL ROBOTS
FOR INTELLECTUALLY HANDICAPPED PEOPLE



This unit is about daily routine that you can follow every day.



EASY LEVEL



This level shows the order of activities that people perform in the morning.



What are your habits and in what order you do different things in the morning?



1. Move the robot on the board to sort all activities into the right order.
2. When your robot stands on a card-square with each activity answer that questions:
Why people should do it?
If I do it every morning?



Use the daily routine board.
Use an empty board to create your own daily routine visual timetable. (e.g. with activities that you do during the whole day/in the evening etc.)



MEDIUM LEVEL



This level helps to check what are the domestic duties that you do, how often you perform each activity, and discuss with friend/teacher/parent what are the obstacles that you have to overcome to be more active in your home.



What are different domestic duties that you have?



1. Travel with your robot to the cards with pictures of domestic duties and then...
2. Travel to card describing the frequency of performing that activity in your home and then...
3. Travel to the card describing if you perform that activity alone or with somebody.
4. When your robot stands on a card with each domestic duty answer the questions: What equipment do I need to perform this task?
Do I know how to do it?
If not, how can I learn it?



Use domestic duties board. On the board there are pictures symbolising domestic duties, cards with information on how often this activity is performed in your home and cards that help to answer the question with whom you perform duties (alone, I need help, other people do it or different answer).

